



We acknowledge that we meet and work in the Treaty One Land,
the traditional land of the Anishinaabe, Cree, and Dakota people,
and the homeland of the Métis Nation.
We are grateful for their stewardship of this land and their hospitality
which allows us to live, work, and serve God the Creator here.

WELCOME GUESTS

Newcomers are encouraged to make themselves known to the clergy and to phone the parish office at 204.452.3609 should you wish to express any needs or concerns. Please complete a visitor leaflet or envelope with your email address if you would like to receive parish newsletters sent to you regularly.

19:30 – SUNG EUCHARIST AND IMPOSITION OF ASHES

Service Music Setting: *Communion Service* - JOHN MERBECKE (1510–1585)

GATHERING OF THE COMMUNITY

VOLUNTARY (*Mr. Kinnard*)

Miserere mei, Deus - GREGORIO ALLEGRI (1582–1652)

HYMN 67 *Come down, O love divine* **Stand**

DOWN AMPNEY

GREETING

Priest The Lord be with you.

People **And with thy spirit.**

Let us pray.

COLLECT *for Ash Wednesday*

Priest Almighty and everlasting God, you despise nothing you have made and forgive the sins of all who are penitent. Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our brokenness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

PROCLAMATION OF THE WORD

FIRST LESSON *Isaiah 58.1–12* **Sit**

Lector A Reading from the Book of Isaiah.

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. ²Yet day after day they seek me and delight to know my ways, as if they were a nation that practised righteousness and did not forsake the ordinance of their God; they ask of me righteous judgements, they delight to draw near to God. ³“Why do we fast, but you do not see? Why humble ourselves, but you do not notice?” Look, you serve your own interest on your fast day, and oppress all your workers. ⁴Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. ⁵Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord? ⁶Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? ⁷Is it not to share your bread

with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? ⁸Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rear guard. ⁹Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am. If you remove the yoke from among you, the pointing of the finger, the speaking of evil, ¹⁰if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. ¹¹The Lord will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. ¹²Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.

Hear what the Spirit is saying to the Church. **Thanks be to God.**

PSALM 103.8–18 *Benedic, anima mea*

Chant: HERBERT N. HOWELLS (1892–1983)

The Lord is full of compassion and mercy * long-suffering, and of great goodness.
9 He will not always be chiding * neither keepeth he his anger for ever.
10 He hath not dealt with us after our sins * nor rewarded us according to our wickednesses.
11 For look how high the heaven is in comparison of the earth * so great is his mercy also toward them that fear him.
12 Look how wide also the east is from the west * so far hath he set our sins from us.
13 Yea, like as a father pitieth his own children * even so is the Lord merciful unto them that fear him.
14 For he knoweth whereof we are made * he remembereth that we are but dust.
15 The days of man are but as grass * for he flourisheth as a flower of the field.
16 For as soon as the wind goeth over it, it is gone * and the place thereof shall know it no more.
17 But the merciful goodness of the Lord endureth for ever and ever upon them that fear him * and his righteousness upon children's children;
18 Even upon such as keep his covenant * and think upon his commandments to do them.
Glory be to the Father, and to the Son, and to the Holy Ghost;
As it was in the beginning, is now and ever shall be: world without end. Amen.

SECOND LESSON 2 Corinthians 5.20b–6.10

Lector A Reading from the Second Letter of Paul to the Corinthians.

We entreat you on behalf of Christ, be reconciled to God. ²¹For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God. ^{6.1}As we work together with him, we urge you also not to accept the grace of God in vain. ²For he says, "At an acceptable time I have listened to you, and on a day of salvation I have helped you." See, now is the acceptable time; see, now is the day of salvation! ³We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, ⁴but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships,

calamities, ⁵beatings, imprisonments, riots, labours, sleepless nights, hunger; ⁶by purity, knowledge, patience, kindness, holiness of spirit, genuine love, ⁷truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; ⁸in honour and dishonour, in ill repute and good repute. We are treated as impostors, and yet are true; ⁹as unknown, and yet are well known; as dying, and see — we are alive; as punished, and yet not killed; ¹⁰as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

Hear what the Spirit is saying to the Church. **Thanks be to God.**

GRADUAL HYMN 77 *Jesus, lover of my soul* *Sstand*

ABERYSTWYTH

GOSPEL St. Matthew 6.1–6, 16–21 *Sface the Gospeler*

Gospeler The Lord be with you.

People **And with thy spirit.**

The Holy Gospel of our Lord Jesus Christ according to St. Matthew.
Glory be to thee, O Lord.

Jesus said, ¹"Beware of practising your piety before others in order to be seen by them; for then you have no reward from your Father in heaven. ²So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward. ³But when you give alms, do not let your left

hand know what your right hand is doing, ⁴so that your alms may be done in secret; and your Father who sees in secret will reward you. ⁵And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward. ⁶But whenever you pray, go into your room and shut

the door and pray to your Father who is in secret; and your Father who sees in secret will reward you. ¹⁶And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. ¹⁷But when you fast, put oil on your head and wash your face, ¹⁸so that your fasting may be seen not by others but by

your Father who is in secret; and your Father who sees in secret will reward you. ¹⁹Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; ²⁰but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. ²¹For where your treasure is, there your heart will be also.”

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

HOMILY *§sit*

BIDDING *§stand*

Priest Dear friends in Christ, every year at the time of the Christian Passover we celebrate our redemption through the death and resurrection of our Lord Jesus Christ. Lent is a time to prepare for this celebration and to renew our life in the paschal mystery. We begin this holy season by remembering our need for repentance, and for the mercy and forgiveness proclaimed in the Gospel of Jesus Christ. We begin our journey to Easter with the sign of ashes, an ancient sign, speaking of the frailty and uncertainty of human life, and marking the penitence of the community as a whole. I invite you therefore, in the name of the Lord, to observe a holy Lent by self-examination, penitence, prayer, fasting, and almsgiving, and by reading and meditating on the word of God. Let us kneel before our Creator and Redeemer. *§kneel or sit*

PSALM 51 *Miserere mei, Deus*

Chant: PLAINSONG, TONE II.1

Have mercy upon me, O God, after thy great goodness; according to the multitude of thy mercies do away mine offences. Wash me thoroughly from my wickedness, and cleanse me from my sin. For I acknowledge my faults, and my sin is ever before me. Against thee only have I sinned, and done this evil in thy sight, that thou mightest be justified in thy saying, and clear when thou shalt judge. Behold, I was shapen in wickedness, and in sin hath my mother conceived me. But lo, thou requirest truth in the inward parts, and shalt make me to understand wisdom secretly. Thou shalt purge me with hyssop, and I shall be clean; thou shalt wash me, and I shall be whiter than snow. Thou shalt make me hear of joy and gladness, that the bones which thou hast broken may rejoice. Turn thy face from my sins, and put out all my misdeeds. Make me a clean heart, O God, and renew a right spirit within me. Cast me not away from thy presence, and take not thy holy Spirit from me. O give me the comfort of thy help again, and stablish me with thy free Spirit. Then shall I teach thy ways unto the wicked, and sinners shall be converted unto thee. Deliver me from blood-guiltiness, O God, thou that art the God of my health; and my tongue shall sing of thy righteousness. Thou shalt open my lips, O Lord, and my mouth shall show thy praise. For thou desirest no sacrifice, else would I give it thee; but thou delightest not in burnt-offerings. The sacrifice of God is a troubled spirit; a broken and contrite heart, O God, shalt thou not despise. O be favourable and gracious unto Sion; build thou the walls of Jerusalem. Then shalt thou be pleased with the sacrifice of righteousness, with the burnt-offerings and oblations; then shall they offer young bullocks upon thine altar. Glory be to the Father, and to the Son and to the Holy Ghost. As it was in the beginning is now and ever shall be, world without end. Amen.

LITANY OF PENITENCE AND CONFESSION

All **Most holy and merciful Father, we confess to you, to one another, and to the whole communion of saints in heaven and on earth, that we have sinned by our own fault in thought, word, and deed; by what we have done, and by what we have left undone.**

Litanist We have not loved you with our whole heart, and mind, and strength. We have not loved our neighbours as ourselves. We have not forgiven others, as we have been forgiven.

People Have mercy on us, Lord.

Litanist We have been deaf to your call to serve as Christ served us. We have not been true to the mind of Christ. We have grieved your Holy Spirit.
Have mercy on us, Lord.

We confess to you, Lord, all our past unfaithfulness: the pride, hypocrisy, and impatience of our lives,
We confess to you, Lord.

Our self-indulgent appetites and ways, and our exploitation of other people,
We confess to you, Lord.

Our anger at our own frustration, and our envy of those more fortunate than ourselves,
We confess to you, Lord.

Our intemperate love of worldly goods and comforts, and our dishonesty in daily life and work,
We confess to you, Lord.

Our negligence in prayer and worship, and our failure to commend the faith that is in us,
We confess to you, Lord.

Accept our repentance, Lord, for the wrongs we have done: for our blindness to human need and suffering, and our indifference to injustice and cruelty,
Accept our repentance, Lord.

For all false judgements, for uncharitable thoughts toward our neighbours, and for our prejudice and contempt toward those who differ from us,
Accept our repentance, Lord.

For our waste and pollution of your creation, and our lack of concern for those who come after us,
Accept our repentance, Lord.

Restore us, good Lord, and let your anger depart from us;
Hear us, Lord, for your mercy is great.

PRAYER OVER THE ASHES

Priest Almighty God, from the dust of the earth you have created us. May these ashes be for us a sign of our mortality and penitence, and a reminder that only by your gracious gift are we given eternal life; through Jesus Christ our Saviour. *Amen.*

IMPOSITION OF THE ASHES

*Those who desire to receive ashes come forward,
and the ashes are applied to the forehead of each person.*

PRAYER *Skneel or sit*

Priest Almighty God, from the dust of the earth you have created us. May these ashes be for us a sign of our mortality and penitence, and a reminder that only by your gracious gift are we given eternal life; through Jesus Christ our Saviour. *Amen.*

CONCLUSION OF THE CONFESSION

Priest Accomplish in us, O God, the work of your salvation.

All **That we may show forth your glory in the world.**

By the cross and passion of your Son, our Lord,
Bring us with all your saints to the joy of his resurrection.

ABSOLUTION

Priest Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE *Sstand*

Priest The peace of the Lord be always with you.

All **And with thy spirit.**

CELEBRATION OF THE EUCHARIST

OFFERTORY HYMN 213 *Judge eternal, throned in splendour*

PICARDY (HB 332)

OFFERTORY SENTENCE *Sremain standing*

Priest All things come of thee, O Lord.

People **And of thine own have we given thee.**

PRAYER OVER THE GIFTS

Priest Merciful God, turn us from sin to faithfulness. Accept our offering, and prepare us to celebrate the death and resurrection of Christ our Saviour, who is alive and reigns with you now and for ever **Amen.**

GREAT THANKSGIVING

Eucharistic Prayer A - Preface of Lent

Priest The Lord be with you.

People **And with thy spirit.**

Lift up your hearts.

We lift them up unto the Lord.

Let us give thanks unto our Lord God.

It is meet and right so to do.

Priest It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God, creator and preserver of all things. Who hast bidden us thy faithful people to cleanse our hearts and to prepare with joy for the paschal feast; that reborn through the waters of baptism, and renewed in the eucharistic mystery, we may be more fervent in prayer and more generous in works of love. Therefore we praise you, joining our voices to proclaim the glory of your name:

SANCTUS, BENEDICTUS

MERBECKE

All **Holy, holy, holy, Lord God of Hosts, heaven and earth are full of thy glory. Glory be to thee, O Lord most high.**

Blessed is he that cometh in the name of the Lord:

Hosanna in the highest. *S kneel or sit*

Priest Blessing and glory and thanksgiving be unto thee, almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient

sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again. Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood; who, in the same night that he was betrayed, took bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, "Take, eat; this is my body which is given for you: Do this in remembrance of me." Likewise after supper he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all, of this; for this is my blood of the new covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me." Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy bread of eternal life and the cup of everlasting salvation, the memorial which he hath commanded:

All **We praise thee, we bless thee, we thank thee,
and we pray to thee, Lord our God.**

And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end.
Amen.

LORD'S PRAYER

Priest And now, as our Saviour Christ hath taught us, we are bold to say:

All **Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.**

BREAKING OF THE BREAD

All **We do not presume to come to this thy table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy table. But thou art the same Lord, whose property is always to have mercy: grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.**

FRACTION ANTHEM *Agnus Dei* from *Missa Brevis in F minor*

MARGARET DRYNAN (1915–1999)

INVITATION

Priest The gifts of God for the People of God.

People **Thanks be to God.**

THE COMMUNION

All are welcome to share in the eucharist. If you prefer to receive a blessing, fold your arms across your chest.

During the administration of Communion and the Ablutions, the choir will sing:
HYMN 79 *Rock of ages, cleft for me* REDHEAD No. 76
ANTHEM *Hide not thou thy face from us, O Lord* RICHARD FARRANT (1530–1580)

PRAYER AFTER COMMUNION *Sstand*

Priest God of compassion, through your Son Jesus Christ you reconciled your people to yourself. Following his example of prayer and fasting, may we obey you with willing hearts and serve one another in holy love; through Jesus Christ our Lord. **Amen.**

DOXOLOGY

Priest Glory to God
All whose power, working in us, can do infinitely more than we can ask or imagine. **Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.**

BLESSING

Priest The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God almighty, the Father, the Son, and the Holy Spirit be amongst you and remain with you always. **Amen.**

HYMN 438 *Forty days and forty nights* *Sstand*

HEINLEIN

DISMISSAL

Leader Go forth in the name of Christ.
People **Thanks be to God.**

VOLUNTARY (*Mr. Kinnard*)

Fugue in B Minor on a theme by Corelli, BWV 579 - J.S. BACH (1685–1750)

ASSISTING -

Lectors Ted Rennie, Jennifer Schmidt
Chalice Bearers Kevin Webb, Vivien Isfeld
Sidespersons Kevin Webb, Sara Sakowski
Subdeacon Susan Roe-Finlay
Crucifer Don Seaton
Acolytes Arnold Goetz, Michael Croft
Litanist Joanne Tapscott
Oblationers Susan Gandier, David Owen Lucas
Altar Guild Susan Roe-Finlay



Remember
you are dust,
and to dust
you shall return.

FORTHCOMING SERVICES -

1 March – **FIRST SUNDAY IN LENT**

08:15 – SAID EUCHARIST • 10:30 – SUNG EUCHARIST

8 March – **SECOND SUNDAY IN LENT**

08:15 – SAID EUCHARIST • 10:30 – SUNG EUCHARIST

16:00 – CHORAL EVENSONG

15 March – **THIRD SUNDAY IN LENT**

08:15 – SAID EUCHARIST • 10:30 – SUNG EUCHARIST AND HEALING

22 March – **FOURTH SUNDAY IN LENT**

08:15 – SAID EUCHARIST • 10:30 – SUNG EUCHARIST

29 March – **FIFTH SUNDAY IN LENT**

08:15 – SAID EUCHARIST • 10:30 – SUNG EUCHARIST

5 April – **SUNDAY OF THE PASSION: PALM SUNDAY**

08:15 – SAID EUCHARIST • 10:30 – PROCESSION AND SUNG EUCHARIST

HOLY WEEK SCHEDULE -

6 April (Monday): *EVENING PRAYER* (Chancel) - 19:30

7 April (Tuesday): SAID EUCHARIST (Chancel) - 19:30

8 April (Wednesday): *TENEBRÆ* (Chancel) - 19:30

9 April *Maundy Thursday* - 19:30

10 April *Good Friday* - 14:00

11 April *Holy Saturday* – *THE GREAT VIGIL OF EASTER* - 20:30

12 April *Easter Day* – **SUNDAY OF THE RESURRECTION**

08:15 – SAID EUCHARIST

10:30 – PROCESSION AND CHORAL EUCHARIST



The Parish Church
of St. Luke