



We acknowledge that we meet and work in the Treaty One Land, the traditional land of the Anishinaabe, Cree, and Dakota people, and the homeland of the Métis Nation. We are grateful for their stewardship of this land and their hospitality which allows us to live, work, and serve God the Creator here.

Sixth Sunday after the Epiphany (Proper 6) 16 FEBRUARY 2020

Welcome Guests

Newcomers are encouraged to make themselves known to the clergy and to phone the parish office at 204.452.3609 should you wish to express any needs or concerns. Please complete a visitor leaflet or envelope with your email address if you would like to receive parish newsletters sent to you regularly.

08:15 – SAID EUCHARIST

Service BAS 230 • Collect 354 • Psalm 119.1–8 Beati immaculati Subdeacon Linda Sherrett • Lectors Richard Rex, Roberta Bishop Sidesperson Richard Rex • Chalice Bearer Roberta Bishop

10:30 – Sung Eucharist and Healing

Service Music Setting: JOHN MERBECKE (1510–1585)

GATHERING OF THE COMMUNITY

VOLUNTARY (Mr. Kinnard)

Cantilène - PAUL WACHS (1851–1915)

Leoni

GREETING

PriestThe grace of our Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit, be with you all.

People And with thy spirit.

HYMN 23 The God of Bethlehem praise *§stand*

COLLECT FOR PURITY

Priest Almighty God,

People unto whom all hearts be open, all desires known, and from whom no secrets are hid: cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy name; through Christ our Lord. Amen.

SUMMARY OF THE LAW

Priest Our Lord Jesus Christ said: hear, O Israel, the Lord our God is one Lord; and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength. This is the first and great commandment. And the second is like unto it: thou shalt love thy neighbour as thyself. On these two commandments hang all the law and the prophets.

People Lord, have mercy upon us, and write both these thy laws in our hearts, we beseech thee.

GLORIA IN EXCELSIS

Merbecke

All Glory be to God on high, and in earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly king, God the Father almighty. O Lord, the only-begotten Son, Jesus Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sin of the world, have mercy upon us. Thou that takest away the sin of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

COLLECT OF THE DAY Proper 6

Priest Almighty and everliving God, whose Son Jesus Christ healed the sick and restored them to wholeness of life, look with compassion on the anguish of the world, and by your power make whole all peoples and nations; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

PROCLAMATION OF THE WORD

FIRST LESSON *Deuteronomy 30.15–20 §sit Lector* A Reading from the Book of Deuteronomy.

See, I have set before you today life and prosperity, death and adversity. ¹⁶If you obey the commandments of the Lord your God that I am commanding you today, by loving the Lord your God, walking in his ways, and observing his commandments, decrees, and ordinances, then you shall live and become numerous, and the Lord your God will bless you in the land that you are entering to possess. ¹⁷But if your heart turns away and you do not hear, but are led astray to bow down to other gods and serve them, ¹⁸I declare to you today that you shall perish; you shall not live long in the land that you are crossing the Jordan to enter and possess. ¹⁹I call heaven and earth to witness against you today that I have set before you life and death, blessings and curses. Choose life so that you and your descendants may live, ²⁰loving the Lord your God, obeying him, and holding fast to him; for that means life to you and length of days, so that you may live in the land that the Lord swore to give to your ancestors, to Abraham, to Isaac, and to Jacob.

Thanks be to God.

Hear what the Spirit is saying to the Church.

PSALM 119.1–8 Beati immaculati

Chant: Kellow John Pye (1819–1873)

D lessed are those that are undefiled in the way * and walk in the law of the Lord.

- **D**₂ Blessed are they that keep his testimonies * and seek him with their whole heart.
- 3 For they who do no wickedness * walk in his ways.
- 4 Thou hast charged * that we shall diligently keep thy commandments.
- 5 O that my ways were made so direct * that I might keep thy statutes!
- 6 So shall I not be confounded * while I have respect unto all thy commandments.
- 7 I will thank thee with an unfeigned heart * when I shall have learned the judgements of thy righteousness.
- 8 I will keep thy ceremonies * **O** forsake me not utterly.

Glory be to the Father, and to the Son, and to the Holy Ghost;

As it was in the beginning, in now and ever shall be: world without end. Amen.

SECOND LESSON 1 Corinthians 3.1-9

Lector A Reading from the First Letter of Paul to the Corinthians.

And so, brothers and sisters, I could not speak to you as spiritual people, but rather as people of the flesh, as infants in Christ. ²I fed you with milk, not solid food, for you were not ready for solid food. Even now you are still not ready, ³for you are still of the flesh. For as long as there is jealousy and quarrelling among you, are you not of the flesh, and behaving according to human inclinations? ⁴For when one says, "I belong to Paul," and another, "I belong to Apollos," are you not merely human? ⁵What then is Apollos? What is Paul?

Servants through whom you came to believe, as the Lord assigned to each. ⁶I planted, Apollos watered, but God gave the growth. ⁷So neither the one who plants nor the one who waters is anything, but only God who gives the growth. ⁸The one who plants and the one who waters have a common purpose, and each will receive wages according to the labour of each. ⁹For we are God's servants, working together; you are God's field, God's building.

Hear what the Spirit is saying to the Church. Thanks be to God.

GRADUAL HYMN 128 I to the hills will lift mine eyes \$stand

DUNDEE (2nd tune)

GOSPEL St. Matthew 5.21-37 Sface the Gospeler Gospeler The Lord be with you. People And with thy spirit. The Holy Gospel of our Lord Jesus Christ according to St. Matthew. Glory be to thee, O Lord.

Tesus said, ²¹"You have heard that it was said to those of ancient times, 'You shall not murder'; and 'whoever murders shall be liable to judgement.²²But I say to you that if you are angry with a brother or sister, you will be liable to judgement; and if you insult a brother or sister, you will be liable to the council; and if you say, 'You fool,' you will be liable to the hell of fire. ²³So when you are offering your gift at the altar, if you remember that your brother or sister has something against you, ²⁴leave your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift. ²⁵Come to terms quickly with your accuser while you are on the way to court with him, or your accuser may hand you over to the judge, and the judge to the guard, and you will be thrown into prison. ²⁶Truly I tell you, you will never get out until you have paid the last penny. ²⁷You have heard that it was said, 'You shall not commit adultery.²⁸But I say to you that everyone who looks at a woman with lust has already committed adultery with her in his heart. ²⁹If your right eye causes you to sin, tear

The Gospel of Christ.

it out and throw it away; it is better for you to lose one of your members than for your whole body to be thrown into hell. ³⁰And if your right hand causes you to sin, cut it off and throw it away; it is better for you to lose one of your members than for your whole body to go into hell. ³¹It was also said, 'Whoever divorces his wife, let him give her a certificate of divorce.' ³²But I say to you that anyone who divorces his wife, except on the ground of unchastity, causes her to commit adultery; and whoever marries a divorced woman commits adultery. ³³Again, you have heard that it was said to those of ancient times, 'You shall not swear falsely, but carry out the vows you have made to the Lord.' ³⁴But I say to you, Do not swear at all, either by heaven, for it is the throne of God, ³⁵or by the earth, for it is his footstool, or by Jerusalem, for it is the city of the great King. ³⁶And do not swear by your head, for you cannot make one hair white or black. ³⁷Let your word be 'Yes, Yes' or 'No, No'; anything more than this comes from the evil one."

Praise be to thee, O Christ.

HOMILY §sit

NICENE CREED §stand

All I believe in one God, the Father almighty, maker of heaven and earth, and of all things visible and invisible; And in one Lord Jesus Christ, the onlybegotten Son of God, begotten of the Father before all worlds, God, of God; Light, of Light; very God, of very God; begotten, not made; being of one substance with the Father; through whom all things were made: who for us and for our salvation came down from heaven, and was incarnate by the Holy Ghost of the Virgin Mary, and was made man, and was crucified also for us under Pontius Pilate. He suffered and was buried, and the third day he rose again according to the scriptures, and ascended into heaven, and sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: whose kingdom shall have no end. And I believe in the Holy Ghost, the Lord, the giver of life, who proceedeth from the Father and the Son, who with the Father and the Son together is worshipped and glorified, who spake by the prophets. And I believe one, holy, catholic, and apostolic Church. I acknowledge one baptism for the remission of sins. And I look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE §stand, sit, or kneel

CONFESSION AND ABSOLUTION

Priest Let us humbly confess our sins to almighty God.

- **People** Almighty God, Father of our Lord Jesus Christ, Maker of all things and judge of all people: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word and deed, Against thy divine majesty. We do earnestly repent, and are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy name; Through Jesus Christ our Lord. Amen.
- **Priest** Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord.

All Amen.

THE PEACE §stand

- *Priest* The peace of the Lord be always with you.
 - *All* And with thy spirit.

CELEBRATION OF THE EUCHARIST

OFFERTORY HYMN 253 Be thou my vision

OFFERTORY SENTENCE *§remain standing*

Priest All things come of thee, O Lord.*People* And of thine own have we given thee.

PRAYER OVER THE GIFTS

Priest Eternal God, you are the strength of the weak and the comfort of sufferers, receive all we offer you this day; turn our sickness into health and our sorrow into joy. We ask this in the name of Jesus Christ the Lord. **Amen.**

GREAT THANKSGIVING

Eucharistic Prayer A - Third Preface of the Lord's Day

Priest The Lord be with you.

- *People* And with thy spirit. Lift up your hearts.
 We lift them up unto the Lord. Let us give thanks unto our Lord God. It is meet and right so to do.
- **Priest** It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God, creator and preserver of all things. Who by water and the Holy Spirit hast made us a holy people in Jesus Christ our Lord; thou dost renew that mystery in bread and wine and nourish us, to show forth thy glory in all the world. Therefore with angels and archangels, and with all the company of heaven, we laud and magnify thy glorious name; evermore praising thee and saying:

SANCTUS, BENEDICTUS

All Holy, holy, holy, Lord God of Hosts, heaven and earth are full of thy glory. Glory be to thee, O Lord most high.

Blessed is he that cometh in the name of the Lord:

SLANE

Merbecke

Hosanna in the highest. *\$kneel or sit*

Priest Blessing and glory and thanksgiving be unto thee, almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again. Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood; who, in the same night that he was betrayed, took bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, "Take, eat; this is my body which is given for you: Do this in remembrance of me." Likewise after supper he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all, of this; for this is my blood of the new covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me." Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy bread of eternal life and the cup of everlasting salvation, the memorial which he hath commanded:

All We praise thee, we bless thee, we thank thee, and we pray to thee, Lord our God.

And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end. *Amen.*

Lord's Prayer

- **Priest** And now, as our Saviour Christ hath taught us, we are bold to say:
 - All Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

BREAKING OF THE BREAD

All We do not presume to come to this thy table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy table. But thou art the same Lord, whose property is always to have mercy: grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink

his blood, that we may evermore dwell in him, and he in us. Amen.

FRACTION ANTHEM Agnus Dei from The Wiltshire Service

Richard Shephard (1949–)

INVITATION

Priest The gifts of God for the People of God.*People* Thanks be to God.

THE COMMUNION

During the administration of Communion and the Ablutions, the choir will sing:HYMN229O Christ, the healer, we have comeMELCOMBEANTHEMThe Lord hath been mindful of usS.S. WESLEY (1810–1876)

PRAYER AFTER COMMUNION *§stand*

Priest God of tender care, in this eucharist we celebrate your love for us and for all people. May we show your love in our lives and know its fulfilment in your presence. We ask this in the name of Jesus Christ the Lord. **Amen.**

DOXOLOGY

Priest Glory to God

All whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

BLESSING

Priest The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God almighty, the Father, the Son, and the Holy Spirit be amongst you and remain with you always. *Amen.*

ANNOUNCEMENTS §sit

HYMN 115 I heard the voice of Jesus say *\$stand*

DISMISSAL

Leader Go in peace to love and serve the Lord.*People* Thanks be to God.

VOLUNTARY (Mr. Kinnard)

Präludium und Fuge - Johann Kuhnau (1660–1722)

Kingsfold

Following the 10:30 service you are cordially invited to Church House for refreshments and fellowship.

23 February – The Last Sunday after the Epiphany 08:15 - SAID EUCHARIST • 10:30 - SUNG EUCHARIST

Exodus 24.12–18 • Psalm 99 *Dominus regnavit* 2 Peter 1.16–21 • St. Matthew 17.1–9

This parish has been blessed by your presence today.

| SISTING - |
|--|
| Colin Briggs, Annie Deeley |
| Barbara Calder, Kris Watson |
| Kevin Webb, Kathy Mikkelsen |
| Sheila Welbergen |
| Don Seaton |
| Carolyn Mosher, Susan Roe-Finlay |
| Heather Baxter-Naughten |
| Janice and Randy Van Vliet |
| Susan Stephen, Patricia Holbrow |
| Susan Roe-Finlay |
| Kendall Jackson, Monica Majur, Rohan Kiska |
| Jennifer Schmidt (proceeds: Hospitality Drop-in) |
| |

If you would like your birth date or anniversary published in the pew leaflet, please contact the parish office.

Happy BirthdayEmily Watson 16 FebruaryKathleen Savoy 18 February

Please include the following people in your prayers:

PARISHIONERS:

Ted Rennie, Lori Kroeger, Paul Hogue, Paul and Beryl Magel, Nancy Dunn, Jeff Brown, Bill Brant, Georgie Snead, Orest Rosolowich, Fr. Tom Graham, Ann Croft, Dorothy and John Funnell, Ted R., Shirley and Neil Almdal, Cecile Chiddenton, John Judge.

FRIENDS AND FAMILY:

Glen King, Trish, R.I.P., Anne Richardson, R.I.P., Pam Lock, R.I.P., John Lock, Tom Lucas, Jim M., David Hagerman, Lar, Marcus, Simon, Kayla, Jason, Jim Carr, Alain Carlson, The Rev. Canon John Ezeobi, Jenny Miller, George Peterson, Daphne W., Walter Mildren, Ed Miller, George Nelson, Everett Lampman.

NOTICES

Bible StudyTuesdays, 10:00 in the boardroom.We are studying the book The Last Week, What theGospels really teach about Jesus's final days in Jerusalem.The book can be ordered from any book store, but youcan still participate without it!This will carry us up to Holy Week.We invite you to join our lively studies and discussions.

Hospitality Drop-in

On **25 February**, we celebrate Shrove Tuesday with a pancake and sausage/bacon breakfast for our guests. Volunteers are needed to help that morning. Come

early and cook, or come later and help clean up. Donations are needed for sausages, bacon, juice, fresh fruit, or cash to make it a great breakfast. We always have a great fellowship with each other and the guests. *Contact Barbara Calder(204.453.9219) bccalder@shaw.ca* Annual General Meeting

This year's meeting will be held **next Sunday 23 February**. PDF copies of the booklet have been emailed to parishioners on the newsletter mailing list. If you wish a printed copy, a limited number is available on the table at the rear of the nave. If you take one, please bring it with you next week.

Shrove Tuesday

Tuesday 25 February. A Pancake Supper will be held in the parish hall. All-you-can-eat pancakes with three sausages will be served for a minimal cost of \$10.00 per person. Children, 15 and under, are free. Included in the ticket price will be dessert and tea, coffee, or juice. Supper will be served starting at 17:00 until 19:00. *Mark your calendars – we would love to see you there. Your support is very much appreciated.*

An anonymous donor has given a commercial-grade vacuum cleaner to the church. Thank you!

Do you wish to receive the *Anglican Journal* newspaper? If you are attending and contributing to an Anglican church in Canada, just complete the form on the webpage below, or send an email to <circulation@national.anglican.ca> and the *Journal* staff will set up a subscription in your name.

www.anglicanjournal.com/newsubscription

FORTHCOMING SERVICES OF NOTE -

Ash Wednesday 26 February, 19:30 SUNG EUCHARIST AND IMPOSITION OF ASHES

> Second Sunday in Lent Sunday 8 March, 16:00 CHORAL EVENSONG

USING THE PARISH HALL KITCHEN

Book ahead – Many groups both of the parish and non-parish hold functions that require the use of the kitchen. Call the parish office at 204.452.3609 to check availability and to reserve your date and time.

Cooking – If you need to use the stove at all, you will need to arrange with Arnold Goetz or Tom Asker to switch on the gas. Their phone numbers can be obtained from the parish office, or speak to either one when you see them. The gas is turned on and off with a tap as a safety precaution. Allow both Arnold and Tom a courtesy by arranging a time convenient for them to switch on the gas. Neither Arnold or Tom live on the premises.

Cleaning – *Simple courtesy rules.* Wash and return all items back to where you found them – plates with plates, serving dishes with serving dishes – no mixing and not matching. If linens or dishcloths are used, wash and return in pristine condition.

Sharing – If you put items in the refrigerator, label them. Don't assume unlabelled items can be used without permission.

Delicious Dishes – As a courtesy, advise Bertha Brant of your event.

Thank you for your anticipated co-operation. The Parish Council



CLERGY

The Rev. Paul Lampman, *Rector* (Church: 204.452.3679, Cell: 204.898.8038) paul.lampman@icloud.com The Rev. Dwight Rutherford, *Honorary Assistant* (204.837.1226) d.rutherford@mts.net The Rev. (Abraham) Monybuny Kuol Chuol *Emmanuel Mission* monybuny@gmail.com The Rev. Dr. Thomas Graham, *Emeritus* tgemeritus@shaw.ca

ORGANIST AND CHOIRMASTER

Blair Anderson (204.962.0248) ocm@stlukewinnipeg.com

ORGAN SCHOLAR

Vincent Kinnard (204.806.1943) organscholar@stlukewinnipeg.com

SUBDEACONS

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