



– THE ORDER FOR MORNING PRAYER –

according to the Book of Common Prayer (Canada, 1962)

OPENING SENTENCE *Lent*

The sacrifices of God are a broken spirit: a broken and a contrite heart, O God, thou wilt not despise. Rend your heart, and not your garments, and turn unto the Lord your God; for he is gracious and merciful, slow to anger, and of great kindness, and repenteth him of the evil.

PRECES

O Lord, open thou our lips;
And our mouth shall show forth thy praise.

O God, make speed to save us;
O Lord, make haste to help us.

✠ GLORY be to the Father, and to the Son, and to the Holy Ghost;
**As it was in the beginning, is now, and ever shall be,
world without end. Amen.**

Praise ye the Lord;
The Lord's name be praised.

VENITE, EXULTEMUS DOMINO *Psalm 95*

✠ O COME, let us sing unto the Lord :
let us heartily rejoice in the strength of our salvation.
Let us come before his presence with thanksgiving :
and shew ourselves glad in him with psalms.
For the Lord is a great God :
and a great King above all gods.
In his hand are all the corners of the earth :
and the strength of the hills is his also.
The sea is his, and he made it :
and his hands prepared the dry land.
O come, let us worship and fall down :
and kneel before the Lord our Maker.
For he is the Lord our God :
and we are the people of his pasture, and the sheep of his hand.
To-day if ye will hear his voice, harden not your hearts :
as in the provocation, and as in the day of temptation in the wilderness;
When your fathers tempted me :
proved me, and saw my works.
Forty years long was I grieved with this generation, and said :
It is a people that do err in their hearts, for they have not known my ways;
Unto whom I swear in my wrath :
that they should not enter into my rest.

✠ Glory be to the Father, and to the Son,
and to the Holy Ghost;
As it was in the beginning, is now, and ever shall be,
world without end. Amen.

§ Then shall follow THE PSALMS.

INVITATORY *Lent*

The goodness of God leadeth to repentance:
O come, let us worship.

PSALM

118 *Confitemini Domino*

O GIVE thanks unto the Lord, for he is gracious :
because his mercy endureth for ever.
2 Let Israel now confess that he is gracious :
and that his mercy endureth for ever.
3 Let the house of Aaron now confess :
that his mercy endureth for ever.
4 Yea, let them now that fear the Lord confess :
that his mercy endureth for ever.
5 I called upon the Lord in trouble :
and the Lord heard me at large.
6 The Lord is on my side :
I will not fear what man doeth unto me.
7 The Lord taketh my part with them that help me :
therefore shall I see my desire upon mine enemies.
8 It is better to trust in the Lord :
than to put any confidence in man.
9 It is better to trust in the Lord :
than to put any confidence in princes.
10 All nations compassed me round about :
but in the Name of the Lord will I destroy them.
11 They kept me in on every side, they kept me in, I say, on every side :
but in the Name of the Lord will I destroy them.
12 They came about me like bees, and are extinct even as the fire among the thorns :
for in the Name of the Lord I will destroy them.
13 Thou hast thrust sore at me, that I might fall :
but the Lord was my help.
14 The Lord is my strength, and my song :
and is become my salvation.
15 The voice of joy and health is in the dwellings of the righteous :
the right hand of the Lord bringeth mighty things to pass.
16 The right hand of the Lord hath the pre-eminence :
the right hand of the Lord bringeth mighty things to pass.
17 I shall not die, but live :
and declare the works of the Lord.
18 The Lord hath chastened and corrected me :
but he hath not given me over unto death.

- 19 Open me the gates of righteousness :
that I may go into them, and give thanks unto the Lord.
- 20 This is the gate of the Lord :
the righteous shall enter into it.
- 21 I will thank thee, for thou hast heard me :
and art become my salvation.
- 22 The same stone which the builders refused :
is become the head-stone in the corner.
- 23 This is the Lord's doing :
and it is marvellous in our eyes.
- 24 This is the day which the Lord hath made :
we will rejoice and be glad in it.
- 25 Help me now, O Lord :
O Lord, send us now prosperity.
- 26 Blessed be he that cometh in the Name of the Lord :
we have wished you good luck, ye that are of the house of the Lord.
- 27 God is the Lord who hath shewed us light :
bind the sacrifice with cords, yea, even unto the horns of the altar.
- 28 Thou art my God, and I will thank thee :
thou art my God, and I will praise thee.
- 29 O give thanks unto the Lord, for he is gracious:
and his mercy endureth for ever.
- ✠Glory be to the Father, and to the Son,
and to the Holy Ghost;
As it was in the beginning, is now, and ever shall be,
world without end. Amen.

FIRST LESSON **Exodus 28.1–4, 29–41**

*The First Lesson is written in the Book of Exodus, the 28th chapter,
beginning to read at the first verse.*

Then bring near to you your brother Aaron, and his sons with him, from among the Israelites, to serve me as priests—Aaron and Aaron's sons, Nadab and Abihu, Eleazar and Ithamar. ²You shall make sacred vestments for the glorious adornment of your brother Aaron. ³And you shall speak to all who have ability, whom I have endowed with skill, that they make Aaron's vestments to consecrate him for my priesthood. ⁴These are the vestments that they shall make: a breastpiece, an ephod, a robe, a chequered tunic, a turban, and a sash. When they make these sacred vestments for your brother Aaron and his sons to serve me as priests, ²⁹So Aaron shall bear the names of the sons of Israel in the breastpiece of judgement on his heart when he goes into the holy place, for a continual remembrance before the Lord. ³⁰In the breastpiece of judgement you shall put the Urim and the Thummim, and they shall be

on Aaron's heart when he goes in before the Lord; thus Aaron shall bear the judgement of the Israelites on his heart before the Lord continually. ³¹You shall make the robe of the ephod all of blue. ³²It shall have an opening for the head in the middle of it, with a woven binding round the opening, like the opening in a coat of mail, so that it may not be torn. ³³On its lower hem you shall make pomegranates of blue, purple, and crimson yarns, all round the lower hem, with bells of gold between them all round—³⁴a golden bell and a pomegranate alternating all round the lower hem of the robe. ³⁵Aaron shall wear it when he ministers, and its sound shall be heard when he goes into the holy place before the Lord, and when he comes out, so that he may not die. ³⁶You shall make a rosette of pure gold, and engrave on it, like the engraving of a signet, 'Holy to the Lord.' ³⁷You shall fasten it on the turban with a blue

cord; it shall be on the front of the turban. ³⁸It shall be on Aaron's forehead, and Aaron shall take on himself any guilt incurred in the holy offering that the Israelites consecrate as their sacred donations; it shall always be on his forehead, in order that they may find favour before the Lord. ³⁹You shall make the chequered tunic of fine linen, and you shall make a turban of fine linen, and you shall make a sash

embroidered with needlework. ⁴⁰For Aaron's sons you shall make tunics and sashes and head-dresses; you shall make them for their glorious adornment. ⁴¹You shall put them on your brother Aaron, and on his sons with him, and shall anoint them and ordain them and consecrate them, so that they may serve me as priests.

Here endeth the First Lesson.

TE DEUM LAUDAMUS

‡ WE praise thee, O God; we acknowledge thee to be the Lord.
All the earth doth worship thee, the Father everlasting.
To thee all Angels cry aloud, the Heavens and all the Powers therein.
To thee Cherubim and Seraphim continually do cry,
Holy, Holy, Holy, Lord God of hosts;
Heaven and earth are full of the Majesty of thy glory.
The glorious company of the Apostles praise thee;
The goodly fellowship of the Prophets praise thee;
The noble army of Martyrs praise thee;
The holy Church throughout all the world doth acknowledge thee,
The Father, of an infinite Majesty;
Thine honourable, true, and only Son;
Also the Holy Ghost, the Comforter.
THOU art the King of Glory, O Christ.
Thou art the everlasting Son of the Father.
When thou tookest upon thee to deliver man, thou didst not abhor the
Virgin's womb.
When thou hadst overcome the sharpness of death, thou didst open the
kingdom of heaven to all believers.
Thou sittest at the right hand of God, in the glory of the Father.
We believe that thou shalt come to be our Judge.
We therefore pray thee, help thy servants, whom thou hast redeemed with thy
precious blood.
Make them to be numbered with thy Saints, in glory everlasting.
O LORD, save thy people, and bless thine heritage;
Govern them, and lift them up for ever.
Day by day we magnify thee;
And we worship thy Name, ever world without end.
Vouchsafe, O Lord, to keep us this day without sin.
O Lord, have mercy upon us, have mercy upon us.
O Lord, let thy mercy lighten upon us, as our trust is in thee.
O Lord, in thee have I trusted: let me never be confounded.

SECOND LESSON **John 7.25–end**

The Second Lesson is written in the Gospel according to St. John, the seventh chapter beginning to read at the 25th verse.

Now some of the people of Jerusalem were saying, ‘Is not this the man whom they are trying to kill?’²⁶ And here he is, speaking openly, but they say nothing to him! Can it be that the authorities really know that this is the Messiah?²⁷ Yet we know where this man is from; but when the Messiah comes, no one will know where he is from.’²⁸ Then Jesus cried out as he was teaching in the temple, ‘You know me, and you know where I am from. I have not come on my own. But the one who sent me is true, and you do not know him.’²⁹ I know him, because I am from him, and he sent me.’³⁰ Then they tried to arrest him, but no one laid hands on him, because his hour had not yet come.’³¹ Yet many in the crowd believed in him and were saying, ‘When the Messiah comes, will he do more signs than this man has done?’³² The Pharisees heard the crowd muttering such things about him, and the chief priests and Pharisees sent temple police to arrest him.’³³ Jesus then said, ‘I will be with you a little while longer, and then I am going to him who sent me.’³⁴ You will search for me, but you will not find me; and where I am, you cannot come.’³⁵ The Jews said to one another, ‘Where does this man intend to go that we will not find him? Does he intend to go to the Dispersion among the Greeks and teach the Greeks?’³⁶ What does he mean by saying, “You will search for me and you will not find me” and, “Where I am, you cannot come”?’³⁷ On the last day of the festival, the great day, while Jesus was standing there, he cried out, ‘Let anyone

who is thirsty come to me,³⁸ and let the one who believes in me drink. As the scripture has said, “Out of the believer’s heart shall flow rivers of living water.”’³⁹ Now he said this about the Spirit, which believers in him were to receive; for as yet there was no Spirit, because Jesus was not yet glorified.’⁴⁰ When they heard these words, some in the crowd said, ‘This is really the prophet.’⁴¹ Others said, ‘This is the Messiah.’ But some asked, ‘Surely the Messiah does not come from Galilee, does he?’⁴² Has not the scripture said that the Messiah is descended from David and comes from Bethlehem, the village where David lived?’⁴³ So there was a division in the crowd because of him.’⁴⁴ Some of them wanted to arrest him, but no one laid hands on him.’⁴⁵ Then the temple police went back to the chief priests and Pharisees, who asked them, ‘Why did you not arrest him?’⁴⁶ The police answered, ‘Never has anyone spoken like this!’⁴⁷ Then the Pharisees replied, ‘Surely you have not been deceived too, have you?’⁴⁸ Has any one of the authorities or of the Pharisees believed in him?’⁴⁹ But this crowd, which does not know the law—they are accursed.’⁵⁰ Nicodemus, who had gone to Jesus before, and who was one of them, asked, ‘Our law does not judge people without first giving them a hearing to find out what they are doing, does it?’⁵¹ They replied, ‘Surely you are not also from Galilee, are you? Search and you will see that no prophet is to arise from Galilee.’⁵² Then each of them went home.’⁵³

Here endeth the Second Lesson.

BENEDICTUS **St. Luke 1.68**

† BLESSED be the Lord God of Israel; *
for he hath visited, and redeemed his people;
And hath raised up a mighty salvation for us, *
in the house of his servant David;
As he spake by the mouth of his holy Prophets, *
which have been since the world began;
That we should be saved from our enemies, *
and from the hands of all that hate us;
To perform the mercy promised to our forefathers, *
and to remember his holy covenant;
To perform the oath which he sware to our forefather Abraham, *
that he would grant us

That we being delivered out of the hands of our enemies *
might serve him without fear,
In holiness and righteousness before him, *
all the days of our life.

AND thou, child, shalt be called the Prophet of the Highest: *
for thou shalt go before the face of the Lord to prepare his ways;
To give knowledge of salvation unto his people *
for the remission of their sins;
Through the tender mercy of our God; *
whereby the day-spring from on high hath visited us;
To give light to them that sit in darkness, and in the shadow of death, *
and to guide our feet into the way of peace.

‡ Glory be to the Father, and to the Son,
and to the Holy Ghost;
As it was in the beginning, is now, and ever shall be,
world without end. Amen.

APOSTLES' CREED

**I BELIEVE in God, the Father Almighty, Maker of heaven and earth:
And in Jesus Christ his only Son our Lord, Who was conceived by the
Holy Ghost, Born of the Virgin Mary, Suffered under Pontius Pilate, Was
crucified, dead, and buried: He descended into hell; The third day he rose
again from the dead; He ascended into heaven, And sitteth on the right
hand of God the Father Almighty; From thence he shall come to judge the
quick and the dead.**

**I believe in the Holy Ghost; The holy Catholic Church; The Communion
of Saints; The Forgiveness of sins; ‡ The Resurrection of the body, And the
Life everlasting. Amen.**

VERSICLES AND LESSER LITANY

The Lord be with you;
And with thy spirit.

Let us pray.

Lord, have mercy upon us.
Christ, have mercy upon us
Lord, have mercy upon us.

LORD'S PRAYER

Our Father who art in heaven,
**Hallowed be thy Name, Thy kingdom come,
Thy will be done, on earth as it is in heaven.
Give us this day our daily bread;
And forgive us our trespasses,
As we forgive them that trespass against us;
And lead us not into temptation,
But deliver us from evil. Amen.**

RESPONSES

O Lord, show thy mercy upon us
And grant us thy salvation.

O Lord, save the Queen:
And mercifully hear us when we call upon thee.

Endue thy ministers with righteousness;
And make thy chosen people joyful.

O Lord, save thy people;
And bless thine inheritance.

Give peace in our time, O Lord;
And evermore mightily defend us.

O God, make clean our hearts within us;
And take not thy Holy Spirit from us.

COLLECT OF THE DAY *The Fourth Sunday in Lent*

GRANT, we beseech thee, Almighty God, that we, who for our evil deeds do worthily deserve to be punished, by the comfort of thy grace may mercifully be relieved; through our Lord and Saviour Jesus Christ. **Amen.**

FIRST COLLECT *for Lent*

ALMIGHTY and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all them that are penitent: Create and make in us new and contrite hearts, that we worthily lamenting our sins, and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. **Amen.**

SECOND COLLECT *for Peace*

O GOD, who art the author of peace and lover of concord, in knowledge of whom standeth our eternal life, whose service is perfect freedom: Defend us thy humble servants in all assaults of our enemies; that we, surely trusting in thy defence, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. **Amen.**

THIRD COLLECT *for Grace*

O LORD our heavenly Father, Almighty and everlasting God, who hast safely brought us to the beginning of this day: Defend us in the same with thy mighty power; and grant that this day we fall into no sin, neither run into any kind of danger; but that all our doings may be ordered by thy governance, to do always that is righteous in thy sight; through Jesus Christ our Lord. **Amen.**

PRAYER *for the Queen and the Commonwealth*

ALMIGHTY God, the fountain of all goodness, we humbly beseech thee to bless our Sovereign Lady, Queen Elizabeth, the Parliaments of the Commonwealth, and all who are set in authority under her; that they may order all things in wisdom, righteousness, and peace, to the honour of thy holy Name, and the good of thy Church and people; through Jesus Christ our Lord. **Amen.**

PRAYER *for the Clergy and People*

ALMIGHTY and everlasting God, from whom cometh every good and perfect gift: Send down upon our Bishops and Clergy, and all Congregations committed to their charge, the healthful Spirit of thy grace; and that they may truly please thee, pour upon them the continual dew of thy blessing. Grant this, O Lord, for the honour of our Advocate and Mediator, Jesus Christ. **Amen.**

PRAYER *for all Conditions of Men*

O GOD, the Creator and Preserver of all mankind, we humbly beseech thee for all sorts and conditions of men; that thou wouldest be pleased to make thy ways known unto them, thy saving health unto all nations. More especially we pray for the good estate of the Catholic Church; that it may be so guided and governed by thy good Spirit, that all who profess and call themselves Christians may be led into the way of truth, and hold the faith in unity of spirit, in the bond of peace, and in righteousness of life. Finally we commend to thy fatherly goodness all those, who are any ways afflicted or distressed in mind, body, or estate; especially those for whom our prayers are desired; that it may please thee to comfort and relieve them, according to their several necessities, giving them patience under their sufferings, and a happy issue out of all their afflictions. And this we beg for Jesus Christ his sake. **Amen.**

PRAYER *A General Thanksgiving*

ALMIGHTY God, Father of all mercies, We thine unworthy servants do give thee most humble and hearty thanks For all thy goodness and loving-kindness To us and to all men. We bless thee for our creation, preservation, and all the blessings of this life; But above all for thine inestimable love In the redemption of the world by our Lord Jesus Christ; For the means of grace, And for the hope of glory. And we beseech thee, give us that due sense of all thy mercies, That our hearts may be unfeignedly thankful, And that we show forth thy praise, Not only with our lips, but in our lives; By giving up ourselves to thy service, And by walking before thee in holiness and righteousness all our days; Through Jesus Christ our Lord, To whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen.**

PRAYER *of Saint Chrysostom*

ALMIGHTY God, who hast given us grace at this time with one accord to make our common supplications unto thee; and dost promise that when two or three are gathered together in thy Name thou wilt grant their requests: Fulfil now, O Lord, the desires and petitions of thy servants, as may be most expedient for them; granting us in this world knowledge of thy truth, and in the world to come life everlasting. **Amen.**

BLESSING *2 Corinthians 13.14*

✠ The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Ghost,
be with us all evermore. **Amen.**