



We acknowledge that we meet and work in the Treaty One Land, the traditional land of the Anishinaabe, Cree, and Dakota people, and the homeland of the Métis Nation.
We are grateful for their stewardship of this land and their hospitality which allows us to live, work, and serve God the Creator here.

WELCOME GUESTS

Newcomers are encouraged to make themselves known to the clergy and to phone the parish office at 204.452.3609 should you wish to express any needs or concerns.

Please complete a visitor leaflet or envelope with your email address if you would like to receive parish newsletters sent to you regularly.

10:30 AM - PARISH SUNG EUCHARIST

A Form in the Language of the Book of Alternative Services. • Service Music Setting: VARIOUS SOURCES.

Items below, marked “†”, are contained on the insert provided.

GATHERING OF THE COMMUNITY

ORGAN VOLUNTARY

OPENING SENTENCE

PROCESSIONAL HYMN † *§All stand*

GREETING

Priest † The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit,
be with you all.

All And also with you.

COLLECT FOR PURITY

Priest Almighty God,

People to you all hearts are open,
all desires known,
and from you no secrets are hidden.
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.

GLORY TO GOD

1. Glo - ry to God on high, and
2. Our Sav - iour, Je - sus Christ, the
3. You on - ly are the Lord. You

peace to all on earth, We
Fa - ther's on - ly Son, the
on - ly are most high. You

wor - ship you, we give you thanks, our
sac - ri - fi - cial Lamb, who saves the
on - ly are the ho - ly one, Lord

heav'n - ly King. We
world from sin, have
Je - sus Christ. And

give you praise, al -
mer - cy Lord. Be -
now you reign with

migh - ty God and Fa - ther blessed in
side the Fa - ther's hand en - throned, now
Fa - ther and with Spir - it one in

glo - ry bright.
hear our prayer.
glo - rious light.

COLLECT OF THE DAY †

Priest Let us pray.
*The priest then says the collect,
after which the people respond,*

All Amen.

§All are seated

PROCLAMATION OF THE WORD

FIRST LESSON †

Lector A reading from ...
*At the conclusion of the passage,
the Lector says,*
The Word of the Lord.

People **Thanks be to God.**

PSALM † *§Read responsively at the half-verse.*

SECOND LESSON †

Lector A reading from ...
*At the conclusion of the passage,
the Lector says,*
The Word of the Lord.

People **Thanks be to God.**

GRADUAL HYMN † *§All stand*

GOSPEL † *§Remain standing, facing the Lay-Reader*

Gospeler The Lord be with you.

People **And also with you.**

+++ The Holy Gospel of our Lord
Jesus Christ, according to ...

Glory to you, Lord Jesus Christ.

*At the conclusion of the Gospel,
the Gospeler says,*

The Gospel of Christ.

People **Praise to you, Lord Jesus Christ.**

HOMILY

SILENCE

APOSTLES' CREED *§All stand and face the altar*

Priest Let us confess the faith of our baptism, as
we say,

All **I believe in God, the Father
almighty, creator of heaven and
earth. I believe in Jesus Christ,
his only Son, our Lord. He was
conceived by the power of the
Holy Spirit and born of the Virgin
Mary. He suffered under Pontius
Pilate, was crucified, died, and
was buried. He descended to the
dead. On the third day he rose
again. He ascended into heaven,
and is seated at the right hand of
the Father. He will come again to
judge the living and the dead. I
believe in the Holy Spirit, the holy
catholic Church, the communion
of saints, the forgiveness of sins,
the resurrection of the body, and
the life everlasting. Amen.**

PRAYERS OF THE PEOPLE

§Sit or kneel as you are able

CONFESSION AND ABSOLUTION

Priest Dear friends in Christ, God is steadfast in
love and infinite in mercy; he welcomes
sinners and invites them to his table. Let
us confess our sins, confident in God's
forgiveness.

Silence is kept.

Priest Most merciful God,

People **we confess that we have sinned
against you in thought, word,
and deed, by what we have done,
and by what we have left undone.
We have not loved you with our
whole heart; we have not loved
our neighbours as ourselves. We
are truly sorry and we humbly
repent. For the sake of your Son
Jesus Christ, have mercy on us and**

forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Priest † Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

CELEBRATION OF THE EUCHARIST

THE PEACE *§All stand*

Priest The peace of the Lord be always with you.

People And also with you.

The congregation greets one another in the name of the Lord.

OFFERTORY HYMN † *§Remain standing*

OFFERTORY SENTENCE

Priest All things come of thee, O Lord.

People And of thine own have we given thee.

PRAYER OVER THE GIFTS †

Priest Let us pray.

The priest says the prayer, following which the people say,

People Amen.

GREAT THANKSGIVING *Eucharistic Prayer 2*


The Lord be with you, and al-so with you.

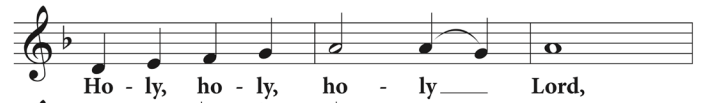

Lift up your hearts. We lift them to the Lord.


Let us give thanks to the Lord our God.


It is right to give our thanks and praise.

Priest We give you thanks and praise, almighty God, through your beloved Son, Jesus Christ, our Saviour and Redeemer. He is your living Word, through whom you have created all things. By the power of the Holy Spirit he took flesh of the Virgin Mary and shared our human nature. He lived and died as one of us, to reconcile us to you, the God and Father of all. In fulfilment of your will he stretched out his hands in suffering, to bring release to those who place their hope in you; and so he won for you a holy people. He chose to bear our griefs and sorrows, and to give up his life on the cross, that he might shatter the chains of evil and death, and banish the darkness of sin and despair. By his resurrection he brings us into the light of your presence. Now with all creation we raise our voices to proclaim the glory of your name.

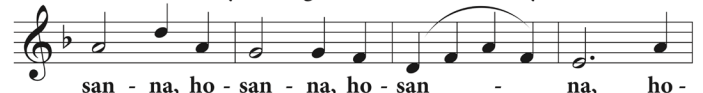
SANCTUS AND BENEDICTUS


Ho - ly, ho - ly, ho - ly Lord,


Lord God of power and might,

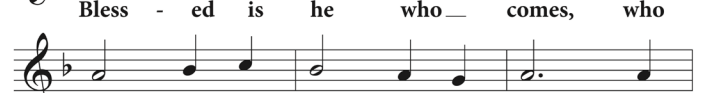

heav'n and earth are full,

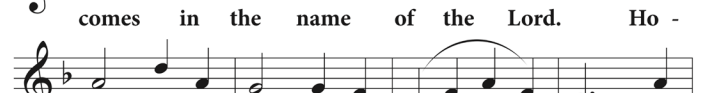

full of your glory. Ho -

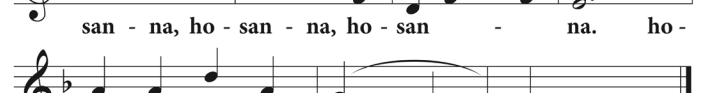

san - na, ho - san - na, ho - san - na, ho -


san - na in the high - est.


Bless - ed is he who comes, who


comes in the name of the Lord. Ho -


san - na, ho - san - na, ho - san - na. ho -


san - na in the high - est.

Priest Holy and gracious God, accept our praise, through your Son our Saviour Jesus Christ; who on the night he was handed over to suffering and death, took bread and gave you thanks, saying, "Take, and eat: this is my body which is broken for you." In the same way he took the cup, saying, "This is my blood which is shed for you. When you do this, you do it in memory of me." Remembering, therefore, his death and resurrection, we offer you this bread and this cup, giving thanks that you have made us worthy to stand in your presence and serve you. We ask you to send your Holy Spirit upon the offering of your holy Church. Gather into one all who share in these sacred mysteries, filling them with the Holy Spirit and confirming their faith in the truth, that together we may praise you and give you glory through your Servant, Jesus Christ. All glory and honour are yours, Father and Son, with the Holy Spirit in the holy Church, now and for ever. *Amen.*

LORD'S PRAYER

Priest As our Saviour taught us, let us pray,
All **Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.**

BREAKING OF THE BREAD

Priest We break this bread to share in the body of Christ.
All **We, being many, are one body, for we all share in the one bread.**

FRACTION ANTHEM *Agnus Dei* MERBECKE

O Lamb of God, that tak-est a-way the sin of the world: have mer-cy up-on us.

O Lamb of God, that tak-est a-way the sin of the world: have mer-cy up-on us.

O Lamb of God, that tak-est a-way the sin of the world: grant us thy peace.

INVITATION

Priest The gifts of God for the People of God.
People **Thanks be to God.**

THE COMMUNION

All people seeking God are welcome to come forward to receive communion. If you do not wish to receive communion, please come forward to receive a blessing, indicating this by crossing your arms across your chest.

PRAYER AFTER COMMUNION

Priest All your works praise you, O Lord
All **And your faithful servants bless you. Gracious God we thank you for feeding us with the body and blood of your Son Jesus Christ. May we, who share his body, live his risen life; we, who drink his cup, ring life to others; we, whom the Spirit lights, give light to the world. Keep us firm in the hope you have set before us, so that we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord Amen.**

BLESSING

Priest The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: † And the blessing of God almighty, the Father, the Son, and the Holy Spirit be amongst you and remain with you always. *Amen.*

ANNOUNCEMENTS

HYMN †

DISMISSAL

Leader Go forth in the name of Christ.
People **Thanks be to God.**

ORGAN VOLUNTARY

Please return this leaflet to the sidespeople for re-use on another Sunday. Thanks!



Eighth Sunday after Pentecost (Proper 15)

PROCESSIONAL HYMN 268 *Lead us, heavenly Father, lead us*

MANNHEIM

COLLECT OF THE DAY - *Eighth Sunday after Pentecost*

Almighty God, you have made us for yourself, and our hearts are restless until they find their rest in you. May we find peace in your service, and in the world to come, see you face to face; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

FIRST LESSON - *2 Samuel 6.1-5, 12b-19*

David again gathered all the chosen men of Israel, thirty thousand. ²David and all the people with him set out and went from Baale-judah, to bring up from there the ark of God, which is called by the name of the Lord of hosts who is enthroned on the cherubim. ³They carried the ark of God on a new cart, and brought it out of the house of Abinadab, which was on the hill. Uzzah and Ahio, the sons of Abinadab, were driving the new cart ⁴with the ark of God; and Ahio went in front of the ark. ⁵David and all the house of Israel were dancing before the Lord with all their might, with songs and lyres and harps and tambourines and castanets and cymbals. ^{12b}So David went and brought up the ark of God from the house of Obed-edom to the city of David with rejoicing; ¹³and when those who bore the ark of the Lord had gone six paces, he sacrificed an ox and a fatling. ¹⁴David danced before the Lord with all his might; David was girded

with a linen ephod. ¹⁵So David and all the house of Israel brought up the ark of the Lord with shouting, and with the sound of the trumpet. ¹⁶As the ark of the Lord came into the city of David, Michal daughter of Saul looked out of the window, and saw King David leaping and dancing before the Lord; and she despised him in her heart. ¹⁷They brought in the ark of the Lord, and set it in its place, inside the tent that David had pitched for it; and David offered burnt offerings and offerings of well-being before the Lord. ¹⁸When David had finished offering the burnt offerings and the offerings of well-being, he blessed the people in the name of the Lord of hosts, ¹⁹and distributed food among all the people, the whole multitude of Israel, both men and women, to each a cake of bread, a portion of meat, and a cake of raisins. Then all the people went back to their homes.

PSALM - *24 Domini est terra.*

The earth is the Lord's and all that is in it, * **the world and all who dwell therein.**

2 For it is God who founded it upon the seas * **and made it firm upon the rivers of the deep.**

3 "Who can ascend the hill of the Lord * **and who can stand in the holy place of God?"**

4 "Those who have clean hands and a pure heart, * **who have not pledged themselves to falsehood, nor sworn by what is a fraud.**

5 They shall receive a blessing from the Lord * **and a just reward from the God of their salvation."**

6 Such is the generation of those who seek you, * **of those who seek your face, O God of Jacob.**

7 Lift up your heads, O gates; lift them high, O everlasting doors; * **and the One who reigns in glory shall come in.**

8 "Who is this glorious One?" * **"The Lord, strong and mighty, the Lord, mighty in battle."**

9 Lift up your heads, O gates; lift them high, O everlasting doors; * **and the One who reigns in glory shall come in.**

10 "Who is this glorious One?" * **"The Lord of hosts, the Lord who reigns in glory."**

Glory be to the Father, and to the Son, and to the Holy Ghost.

As it was in the beginning, is now, and ever shall be; world without end. Amen.

SECOND LESSON - *Ephesians 1.3-14*

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, ⁴just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. ⁵He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, ⁶to the praise of his glorious grace that he freely bestowed on us in the Beloved. ⁷In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace ⁸that he lavished on us. With all wisdom and insight ⁹he has made known to us the mystery of his will, according to his good pleasure that he set forth in

Christ, ¹⁰as a plan for the fullness of time, to gather up all things in him, things in heaven and things on earth. ¹¹In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, ¹²so that we, who were the first to set our hope on Christ, might live for the praise of his glory. ¹³In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; ¹⁴this is the pledge of our inheritance toward redemption as God's own people, to the praise of his glory.

GRADUAL HYMN 55 *Praise God from whom all blessings flow*

OLD 100TH

GOSPEL - *St. Mark 6.14-29*

King Herod heard of it, for Jesus' name had become known. Some were saying, "John the baptizer has been raised from the dead; and for this reason these powers are at work in him." ¹⁵But others said, "It is Elijah." And others said, "It is a prophet, like one of the prophets of old." ¹⁶But when Herod heard of it, he said, "John, whom I beheaded, has been raised." ¹⁷For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. ¹⁸For John had been telling Herod, "It is not lawful for you to have your brother's wife." ¹⁹And Herodias had a grudge against him, and wanted to kill him. But she could not, ²⁰for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. ²¹But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders

of Galilee. ²²When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, "Ask me for whatever you wish, and I will give it." ²³And he solemnly swore to her, "Whatever you ask me, I will give you, even half of my kingdom." ²⁴She went out and said to her mother, "What should I ask for?" She replied, "The head of John the baptizer." ²⁵Immediately she rushed back to the king and requested, "I want you to give me at once the head of John the Baptist on a platter." ²⁶The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. ²⁷Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, ²⁸brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. ²⁹When his disciples heard about it, they came and took his body, and laid it in a tomb.

OFFERTORY HYMN 276 *Thy kingdom come, O God*

ST. CECILIA

PRAYER OVER THE GIFTS

Father, your word creates in us a yearning for your kingdom. Receive all we offer you this day, and keep us in your peace; for the sake of Jesus Christ the Lord. *Amen.*

DISMISSAL HYMN 159 *God moves in a mysterious way*

LONDON NEW

NOTICES

Habitat Build Lunch - Advanced Notice -

22 August - Can you make chili for 15 people OR coleslaw for 15 people? Are you willing to make dessert somethings and wrap individually? (Suggest dainty-like desserts.) We will purchase buns and watermelon, so contributions of money will go there. Several people are now on board but we are preparing for 75 people at lunch, so more volunteers are needed.

Please let Susan Roe-Finlay know if you might be able to help.

Birthdays this week -

Joan Cook - 15 July, Doreen Blackman - 16 July,
Bill Brant Sr. - 19 July, Sabrina Skubovius - 20 July,
Thomas Osborn - 21 July.

Happy Birthday!