

complained against Moses and said, “Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?” *So Moses cried out to the Lord, “What shall I do with this people? They are almost ready to stone me.”*The Lord said to Moses, “Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. *I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.” Moses did so, in the sight of the elders of Israel. *He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, “Is the Lord among us or not?”

✠ The Word of the Lord. ✠ Thanks be to God.

PSALM 95 *Venite, exultemus.* (Coverdale)

Chant: WILLIAM CROTCH (1775–1847)

- 1 Come let us sing unto the Lord: * let us heartily rejoice in the strength of our salvation.
- 2 Let us come before his presence with thanksgiving, * and shew ourselves glad in him with psalms.
- 3 For the Lord is a great God, * and a great King above all gods.
- 4 In his hand are all the corners of the earth: * and the strength of the hills is his also.
- 5 The sea is his, and he made it: * and his hands prepared the dry land.
- 6 O come, let us worship, and fall down, * and kneel before the Lord our Maker.
- 7 For he is the Lord our God; * and we are the people of his pasture, and the sheep of his hand.
- 8 Today, if ye will hear his voice: * *Harden not your hearts as in the provocation, and as in the day of temptation in the wilderness;
- 9 When your fathers tempted me, * proved me, and saw my works.
- 10 Forty years long was I grieved with this generation, and said, * “It is a people that do err in their hearts, for they have not known my ways”;
- 11 Unto whom I swear in my wrath, * that they should not enter into my rest.”
- Glory be to the Father, and to the Son, and to the Holy Ghost.**
As it was in the beginning is now and ever shall be, world without end. Amen.

SECOND READING **Romans 5.1–11**

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. *And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, *and endurance produces character, and character produces hope, *and hope does not disappoint us, because God’s love has been poured into our hearts through the Holy Spirit that has been given to us. *For while we were still weak, at the right time Christ died for the ungodly. *Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. *But God proves his love for us in that while we still were sinners Christ died for us. *Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. *For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. *But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

✠ The Word of the Lord. ✠ Thanks be to God.

GRADUAL HYMN 116 *How sweet the name of Jesus sounds*

ST. PETER

GOSPEL **St. John 4.5–42** *§remain standing*

✠ The Lord be with you. ✠ And with thy spirit.

✠ +++The Holy Gospel of our Lord Jesus Christ according to St. John.

✠ **Glory be to Thee, O Lord.**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. *Jacob’s well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. *A Samaritan woman came to draw water, and Jesus said to her, “Give me a drink.” *His disciples had gone to the city to buy food.) *The Samaritan woman said to him, “How is it that you, a Jew, ask a drink of me, a woman of Samaria?” (Jews do not share things in common with Samaritans.) *Jesus answered her, “If you knew the gift of God, and who it is that is saying to you, ‘Give me a drink,’ you would have asked him, and he would have given you living water.” *The woman said to him, “Sir, you have no bucket, and the well is deep. Where do you get that living water? *Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?” *Jesus said to her, “Everyone who drinks of this water will be thirsty again, *but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.” *The woman said to him, “Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.” *Jesus said to her, “Go, call your husband, and come back.” *The woman answered him, “I have no husband.” Jesus said to her, “You are right in saying, ‘I have no husband’; *for you have had five husbands, and the one you have

now is not your husband. What you have said is true!” *The woman said to him, “Sir, I see that you are a prophet. *Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.” *Jesus said to her, “Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. *You worship what you do not know; we worship what we know, for salvation is from the Jews. *But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. *God is spirit, and those who worship him must worship in spirit and truth.” *The woman said to him, “I know that Messiah is coming” (who is called Christ). “When he comes, he will proclaim all things to us.” *Jesus said to her, “I am he, the one who is speaking to you.” *Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, “What do you want?” or, “Why are you speaking with her?” *Then the woman left her water jar and went back to the city. She said to the people, *’Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?’ *They left the city and were on their way to him. *Meanwhile the disciples were urging him, “Rabbi, eat something.” *But he said to them, “I have food to eat that you do not know about.” *So the disciples said to one another, “Surely no one has brought him something to eat?” *Jesus said to them, “My food is to do the will of him who sent me and to complete his work. *Do you not say, ‘Four months more, then comes the harvest’? But I tell you, look around you, and see how the fields are ripe for harvesting. *The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. *For here the saying holds true, ‘One sows and another reaps.’ *I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.” *Many Samaritans from that city believed in him because of the woman’s testimony, “He told me everything I have ever done.” *So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. *And many more believed because of his word. *They said to the woman, “It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.”

✠ The Gospel of Christ. ✠ Praise be to Thee, O Christ.

HOMILY

Sean Carlson

NICENE CREED *§stand*

Priest

All

I believe in one God,
the Father almighty, maker of heaven and earth, and of all things visible and invisible; And in one Lord Jesus Christ, the only-begotten Son of God, begotten of the Father before all worlds, God, of God; Light, of Light; very God, of very God; begotten, not made; being of one substance with the Father; through whom all things were made: who for us and for our salvation came down from heaven, and was incarnate by the Holy Ghost of the Virgin Mary, and was made man, and was crucified also for us under Pontius Pilate. He suffered and was buried, and the third day he rose again according to the scriptures, and ascended into heaven, and sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: whose kingdom shall have no end. And I believe in the Holy Ghost, the Lord, the giver of life, who proceedeth from the Father and the Son, who with the Father and the Son together is worshipped and glorified, who spake by the prophets. And I believe one, holy, catholic, and apostolic Church. I acknowledge one baptism for the remission of sins. ++And I look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE *§stand, sit, or kneel*

CONFESSION AND ABSOLUTION

Priest

People

Let us humbly confess our sins to almighty God.
Almighty God, Father of our Lord Jesus Christ, Maker of all things and judge of all people: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word and deed, Against thy divine majesty. We

do earnestly repent, and are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ’s sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy name; Through Jesus Christ our Lord. Amen.

Priest

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: ++have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

– CELEBRATION OF THE EUCHARIST –

THE PEACE *§stand*

Priest

People

The peace of the Lord be always with you.

And with thy spirit.

OFFERTORY HYMN 68 *I bind unto myself today*

ST. PATRICK

OFFERTORY SENTENCE

✠

All things come of thee, O Lord. ✠ **And of thine own have we given thee.**

PRAYER OVER THE GIFTS

Priest

Spring of life and Source of goodness, receive all we offer you this day, and bring us to the living water, Jesus Christ, your Son our Lord. **Amen.**

GREAT THANKSGIVING

Eucharistic Prayer A - *Preface of Lent*

Priest

The Lord be with you. *People* **And with thy spirit.**

Lift up your hearts. **We lift them up unto the Lord.**

Let us give thanks to our Lord God.

It is meet and right so to do.

Priest

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God, creator and preserver of all things. Who hast bidden us thy faithful people to cleanse our hearts and to prepare with joy for the paschal feast; that reborn through the waters of baptism, and renewed in the eucharistic mystery, we may be more fervent in prayer and more generous in works of love. Therefore with angels and archangels, and with all the company of heaven, we laud and magnify thy glorious name; evermore praising thee and saying:

SANCTUS, BENEDICTUS

MERBECKE

Holy, holy, holy, Lord God of Hosts, heaven and earth are full of thy glory. Glory be to thee, O Lord most high. ++Blessed is he that cometh in the name of the Lord: Hosanna in the highest.

Priest

Blessing and glory and thanksgiving be unto thee, almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again. Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ’s holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood; who, in the same night that he was betrayed, took bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, “Take, eat;

We acknowledge that we meet and work in the Treaty One Land, the traditional land of the Anishinaabe, Cree, and Dakota people, and the homeland of the Métis Nation. We are grateful for their stewardship of this land and their hospitality which allows us to live, work and serve God the Creator here.

WELCOME GUESTS

Newcomers are encouraged to make themselves known to the clergy and to phone the parish office at 204.452.3609 should you wish to express any needs or concerns.

Please complete a visitor leaflet or envelope with your email address if you would like to receive parish newsletters sent to you regularly.

8:15 AM – SAID EUCHARIST

Service: BAS 230 • **Collect:** BAS 289 • **Psalm:** 95 *Venite, exultemus.*
Lay Reader: Manasah Mkhabela • **Lectors:** Paul Earl, Pat Earl
Sidesperson: Pat • **Chalice Bearer:** Paul

10:30 AM – SUNG EUCHARIST

Service Music Setting: JOHN MERBECKE (1510–1585)

– GATHERING OF THE COMMUNITY –

HYMN 65 *Jesus, where'er thy people meet*

WARRINGTON

GREETING

Priest †The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People **And with thy spirit.**

COLLECT FOR PURITY

Priest Almighty God,
People **unto whom all hearts be open, all desires known, and from whom no secrets are hid: cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy name; through Christ our Lord. Amen.**

TRISAGION *(Sung three times)*



COLLECT OF THE DAY

Priest Almighty God, whose Son Jesus Christ gives the water of eternal life, may we always thirst for you, the spring of life and source of goodness; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

– PROCLAMATION OF THE WORD –

FIRST READING Exodus 17.1–7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people

generation, in the Church and in Christ Jesus, for ever and ever. Amen.

BLESSING

Priest The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: †And the blessing of God almighty, the Father, the Son, and the Holy Spirit be amongst you and remain with you always. **Amen.**

ANNOUNCEMENTS

HYMN 2 *Let all the world in every corner sing* LUCKINGTON (1st tune)

DISMISSAL

℣ Let us bless the Lord. ℞ **Thanks be to God.**

All are invited to Church House for refreshments after the service.

St. Luke's is a scent-free space. Please be aware that scents may cause allergic/asthmatic reactions in some of our congregants.

Please silence electronic devices such as cellphones.

On your smartphone or tablet device, the complete 10:30 service which includes hymns, prayers, collects, readings, etc. is available at: <http://www.stlukewinnipeg.com/assets/170319.pdf>.

VOLUNTARIES

Pastorale in F Major, BWV 590 - J.S. BACH (1685–1750)
Fantasia in C minor - J.S. BACH

ANTHEM TEXT

Be still, my soul, for God is near; The Great High Priest is with thee now; The Lord of Life Himself is here, Before whose face the angels bow. To make thy heart His lowly throne Thy Saviour God in love draws nigh. He gives Himself unto His own, For whom He once came down to die. I come, O Lord, for Thou dost call To blend my pleading prayer with Thine: To Thee I give myself, my all, And feed on Thee, and make Thee mine. Amen.

ASSISTING TODAY -

Lectors: Don Seaton, Annie Deeley
Chalice Bearers: Colin Briggs, Bruce Jones
Sidespersons: Kathy Mikkelsen, Jan Roberts
Lay Reader: Barbara Calder
Crucifer: Don Seaton
Senior Acolyte: Vivien Isfeld
Acolytes: Susan Roe-Finlay, Carolyn Mosher
Intercessor: Sheila Welbergen
Oblationers: Donna and Gordon Fogg
Counters: Sara Sakowski, Tom Naughten
Altar Guild: Susan Roe-Finlay
Catechists: Natalia Jackson, Claire Reis
Coffee Hosts: Anne and Ted Rennie, Susan Roe-Finlay
(proceeds to Coffee Funds)

If you would like your birth date or anniversary published in the pew leaflet, please contact the parish office.

Happy Birthday

Kevin Naughten 23 March Don Seaton 24 March
Bob Douglas 24 March

Next Sunday - 26 March - **Fourth Sunday in Lent**
8:15 AM - SAID EUCHARIST || 10:30 AM - SUNG EUCHARIST
1 Samuel 16.1–13 • Psalm 23 *Dominus regit me.*
Ephesians 5.8–14 • St. John 9.1–41

this is my body which is given for you: Do this in remembrance of me." Likewise after supper he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all, of this; for this is my blood of the new covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me." Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy bread of eternal life and the cup of everlasting salvation, the memorial which he hath commanded:

All **We praise thee, we bless thee, we thank thee, and we pray to thee, Lord our God.**

Priest And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end. **Amen.**

LORD'S PRAYER

Priest And now, as our Saviour Christ hath taught us, we are bold to say:

All **Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.**

BREAKING OF THE BREAD

All **We do not presume to come to this thy table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the flesh of thy dear Son Jesus Christ, And to drink his blood, That we may evermore dwell in him, And he in us. Amen.**

FRACTION ANTHEM *Agnus Dei* from *The Wiltshire Service* RICHARD SHEPHARD (1949–)

INVITATION

℣ The gifts of God for the People of God. ℞ **Thanks be to God.**

THE COMMUNION

During the administration of Communion and the Ablutions, the choir will sing:

HYMN 120 *Jesus, the very thought of thee* ST. BOTOLPH
ANTHEM *Be still, my soul* PERCY WHITLOCK (1903–1946)

PRAYER AFTER COMMUNION

Priest God of our pilgrimage, we have found the living water. Refresh and sustain us as we go forth on our journey, in the name of Jesus Christ the Lord. **Amen.**

DOXOLOGY

Priest Glory to God,
All **whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to**